

Social Skills Groups

Social learning is one of the most effective and naturally occurring forms of reinforcement in an individual's daily life. Social awareness and communication are a major part of the barriers that commonly affect individuals with ASD.

The Social Skills Program at Connect Plus Therapy is designed to support individuals on the spectrum who have difficulty creating and maintaining meaningful social relationships. Our home and community clients can attend social skills groups (SSGs) within their treatment plan in collaboration with their BCBA and caregiver.

Our After-school Social Skills Groups are developed based on the age and individual needs of our clients between the ages of 6 and 18.

ELEMENTARY AGE GROUP



The elementary group focuses heavily on the prerequisite social skills required to develop social relationships, such as social communication, joint attention skills, and increasing the motivational value of natural social reinforcement. In addition, this group also concentrates on teaching clients how to appropriately play and work with their peers, identify and express feelings and emotions, self-management in social settings, friendship-making skills, and deal with competition.

TWEEN TIME



This group serves individuals that have difficulties with social relationships and friendship-making skills. They heavily focus on aspects of self-management and how we affect others. In addition, they participate in discussions on empathy, perspective-taking, dealing with bullying, and community safety awareness. Individuals are often more verbally social and capable of communicating with peers but often have trouble creating and maintaining meaningful social relationships.

TEEN NIGHT



Our teenagers focus on developing and maintaining friendships and communication regarding conflict, problem-solving, having meaningful conversations, and adjusting to new social situations. This includes dealing with environmental stressors, changes in routine, character development, understanding unspoken social rules, navigating the transition from teen to adulthood, the complex aspects of dating, and electronic communication.

All programs and lessons are modified to focus on each attendees' unique needs. In addition, our SSG and HCS clinical teams collaborate to ensure the learned skills are generalized into home and community settings.

Connect Plus Therapy works closely with evaluation teams in the area.
If you are in need of a referral, please contact us at contact@connectplustherapy.com.